

The Step Therapy drug will be dispensed if the drug has been dispensed within 120 days of current fill or if alternative (Step 1) drugs have been used first. If the member's prescription claim fails the Step Therapy edit, a prior authorization will be needed.

Prior Authorization Department, open 24/7

Prior Authorization phone lines provide quicker decisions: 1-800-711-4555

STEP THERAPY ALGORITHMS – PUP GOLD Select Formulary

Drug	Treatment Group	Description
Aciphex	Aciphex Therapy	Step 1: One Tier 1 or Tier 2 Proton Pump Inhibitor Step 2: Aciphex
Actoplus Met	Actoplus Met Therapy	Step 1: One of the following: metformin or thiazolidinedione Step 2: Actoplus Met
Actos	Actos Therapy	Step 1: One of the following: a. metformin b. sulfonylurea c. insulin d. Byetta Step 2: Actos
Advair Diskus, Advair HFA	Advair Therapy	Step 1: One of the following: a. Inhaled corticosteroid b. Long-acting beta agonist c. Inhaled anticholinergic agent d. theophylline Step 2: Advair Diskus or Advair HFA
Allegra suspension	Allegra Suspension Therapy	Step 1: cetirizine syrup Step 2: Allegra suspension
Allegra-D	Allegra D Therapy	Step 1: fexofenadine Step 2: Allegra-D

Drug	Treatment Group	Description
Glyset, acarbose	Alpha Glucosidase Inhibitor Therapy	<p>Step 1: Any two of the following: metformin, sulfonyleurea, thiazolidinedione (TZD), insulin, or Byetta</p> <p>Step 2: Glyset or acarbose</p>
Ambien CR	Ambien CR Therapy	<p>Step 1: zolpidem</p> <p>Step 2: Ambien CR</p>
Micardis, Micardis HCT	Angiotensin Receptor Blocker: Group 2	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination <p>Step 2: Micardis or Micardis HCT</p>
<p>Benicar, Benicar HCT, Diovan, Diovan HCT</p> <p>Atacand, Atacand HCT, Avapro, Avalide, Cozaar, Hyzaar, Teveten, Teveten HCT</p>	Angiotensin Receptor Blocker: Group 3	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination. <p>Step 2: Benicar or Benicar HCT or Diovan or Diovan HCT</p> <p>Step 3: Atacand or Atacand HCT or Avapro or Avalide or Cozaar or Hyzaar or Teveten or Teveten HCT</p>
Emsam, Pexeva, Prozac Weekly	Antidepressant Therapy*	<p>Step 1: One of the following Tier 1 or Tier 2 antidepressants:</p> <ul style="list-style-type: none"> a. SSRI b. SNRI c. bupropion d. mirtazapine <p>Step 2: Emsam or Pexeva or Prozac Weekly</p>
<p>Actos</p> <p>Avandamet</p>	Avandamet Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. metformin b. sulfonyleurea c. insulin d. Byetta <p>Step 2: Actos</p> <p>Step 3: Avandamet</p>

Drug	Treatment Group	Description
Actos Avandaryl	Avandaryl Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. metformin b. sulfonylurea c. insulin d. Byetta <p>Step 2: Actos</p> <p>Step 3: Avandaryl</p>
Actos Avandia	Avandia Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. metformin b. sulfonylurea c. insulin d. Byetta <p>Step 2: Actos</p> <p>Step 3: Avandia</p>
Avodart	Avodart Therapy	<p>Step 1: finasteride</p> <p>Step 2: Avodart</p>
Azor	Azor Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination <p>Step 2: Azor</p>
Bystolic	Bystolic Therapy	<p>Step 1: Beta blocker (generic) or Beta blocker/Diuretic combination product</p> <p>Step 2: Bystolic</p>
Evoxac	Cholinergic Agonist Therapy	<p>Step 1: pilocarpine</p> <p>Step 2: Evoxac</p>
Clarinex Syrup	Clarinex Suspension Therapy	<p>Step 1: cetirizine syrup</p> <p>Step 2: Clarinex Syrup</p>

Drug	Treatment Group	Description
Clarinex tablets, Clarinex RDT, Clarinex-D tablets	Clarinex Tablet Therapy	<p>Step 1: fexofenadine</p> <p>Step 2: Clarinex tablets or Clarinex RDT or Clarinex-D tablets</p>
Strattera	CNS Stimulant Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. amphetamine/dextroamphetamine combinations b. dextroamphetamine c. dexmethylphenidate d. methylphenidate <p>Step 2: Strattera</p>
Januvia	Dipeptidyl Peptidase 4 Inhibitor Therapy	<p>Step 1: Any two of the following: metformin, sulfonylurea, thiazolidinedione (TZD), insulin, or Byetta</p> <p>Step 2: Januvia</p>
Janumet	Dipeptidyl Peptidase 4 Inhibitor/ Metformin Combination Therapy	<p>Step 1: Any two of the following: metformin, sulfonylurea, thiazolidinedione (TZD), insulin, or Byetta</p> <p>Step 2: Janumet</p>
Duetact	Duetact Therapy	<p>Step 1: sulfonylurea or thiazolidinedione</p> <p>Step 2: Duetact</p>
Exforge, Exforge HCT	Exforge Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination. <p>Step 2: Exforge or Exforge HCT</p>
Vesicare	Genitourinary Smooth Muscle Relaxant Therapy	<p>Step 1: Oxybutynin or Oxybutynin ER</p> <p>AND</p> <p>One of the following: Detrol, Detrol LA, Enablex, or Oxytrol</p> <p>Step 2: Vesicare</p>

Drug	Treatment Group	Description
Byetta	Incretin Mimetic Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. metformin b. sulfonylurea c. insulin d. thiazolidinedione <p>Step 2: Byetta</p>
Aerobid/Aerobid-M, Asmanex, Azmacort, Alvesco	Inhaled Corticosteroid Therapy	<p>Step 1: One tier 1 or tier 2 inhaled corticosteroid</p> <p>Step 2: Aerobid/Aerobid-M or Asmanex or Azmacort or Alvesco</p>
Singulair Accolate, Zyflo CR	Leukotriene Modifier Asthma Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Formulary Beta-agonist b. Formulary Inhaled corticosteroid c. Formulary Inhaled Beta-agonist/Corticosteroid combination d. Formulary Oral Corticosteroid <p>Step 2: Singulair</p> <p>Step 3: Accolate or Zyflo CR</p>
Singulair	Leukotriene Modifier Rhinitis Therapy	<p>Step 1: Intranasal Steroid or Prescription Second-Generation Antihistamine</p> <p>Step 2: Singulair</p>
Lunesta	Lunesta Therapy	<p>Step 1: zolpidem</p> <p>Step 2: Lunesta</p>
Prandin, Starlix	Meglitinide Therapy	<p>Step 1: Any two of the following: metformin, sulfonylurea, thiazolidinedione (TZD), insulin, or Byetta.</p> <p>Step 2: Prandin or Starlix</p>
Elestat, Emadine	Ophthalmic Antihistamine Therapy	<p>Step 1: Pataday</p> <p>Step 2: Elestat or Emadine</p>

Drug	Treatment Group	Description
Xalatan	Ophthalmic Prostaglandin Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Lumigan b. Travatan/Travatan-Z <p>Step 2: Xalatan</p>
FML Forte, Vexol	Ophthalmic Steroid Therapy	<p>Step 1: Ophthalmic prednisolone acetate</p> <p>Step 2: FML Forte or Vexol</p>
pantoprazole (generic only)	Pantoprazole Therapy	<p>Step 1: omeprazole</p> <p>Step 2: pantoprazole (generic only)</p>
Ranexa	Ranexa Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Long-acting nitrate b. Beta-blocker c. Calcium-channel blocker <p>Step 2: Ranexa</p>
Rebif, Rebif Titration Pack	Rebif Therapy	<p>Step 1: Betaseron</p> <p>Step 2: Rebif or Rebif Titration Pack</p>
Selfemra	Sarafem Therapy*	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. sertraline b. fluoxetine <p>Step 2: Selfemra</p>
Simcor	Simcor Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Advicor b. Vytorin c. Any formulary statin <p>Step 2: Simcor</p>
Stalevo	Stalevo Therapy	<p>Step 1: carbidopa/levodopa AND Comtan</p> <p>Step 2: Stalevo</p>

Drug	Treatment Group	Description
Altoprev, Lescol, Lescol XL	Statin Therapy: Group 1	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. simvastatin b. lovastatin c. pravastatin d. Lipitor e. Crestor <p>Step 2: Altoprev or Lescol or Lescol XL</p>
Vytorin	Statin Therapy: Group 4	<p>Step 1: Lipitor or Crestor</p> <p>Step 2: Vytorin</p>
Symbicort	Symbicort Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Inhaled corticosteroid b. Long-acting beta agonist c. Inhaled anticholinergic agent d. theophylline <p>Step 2: Symbicort</p>
Tarka	Tarka Therapy	<p>Step 1: trandolapril or verapamil</p> <p>Step 2: Tarka</p>
Tekturna, Tekturna HCT	Tekturna Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor combination c. Angiotensin II receptor blocker d. Angiotensin II receptor blocker combination <p>Step 2: Tekturna or Tekturna HCT</p>
Elidel, Protopic	Topical Immunomodulator Therapy	<p>Step 1: Topical Corticosteroid</p> <p>Step 2: Elidel or Protopic</p>
Amerge, Axert, Frova, Relpax	Triptan Therapy	<p>Step 1: sumatriptan</p> <p>Step 2: Amerge or Axert or Frova or Relpax</p>

Drug	Treatment Group	Description
Xopenex Nebulizer	Xopenex Nebulizer Therapy	Step 1: albuterol (nebulizer) Step 2: Xopenex Nebulizer
Zegerid	Zegerid Therapy	Step 1: One Tier 1 or Tier 2 Proton Pump Inhibitor Step 2: Zegerid
Zelapar	Zelapar Therapy	Step 1: selegiline Step 2: Zelapar

***Step therapy applies to new starts only**